UPSIDE DOWN

JESUS CHANGES EVERYTHING

PARENT CUE • PRETEEN • Week of April 5th

Use this guide to help your family learn how God can help us live with humility. First, watch this video ***bit.ly/PreteenUpsideDownWeek1*** Then follow up with the activity below!

MEMORY VERSE

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourself. Philippians 2:3 (NIrV)

LIFE APP

HUMILITY: putting others first by giving up what you think you deserve

BIBLE STORY

Jesus Prays in Gethsemane
Matthew 26:36-56
(Luke 22:39-46, supporting)

KEY QUESTION

How do you put others first?

ACTIVITY: ALL THE SMALL THINGS (& BIG THINGS)

WHAT YOU NEED:
sticky notes, index cards, or scraps of paper; tape; pen/pencils

WHAT YOU DO:
Talk together about some different ways you can put others first. Here are a few ideas to get you started:

Letting someone else choose which movie to watch
Helping with a chore that's not your responsibility
Holding a door open for someone
Taking out trash cans or getting mail for an elderly neighbor
Doing schoolwork without complaining
Being patient with family members

What other ideas can you think of?

Write each one on a sticky note, index card, or small scrap of paper. Once you have about seven to 10 ideas, stick them to a wall or lay them out on the floor or table. Ask your kid which idea would be the hardest for them to do, and which one would the easiest. Then sort the notes into two groups: one for the common examples that tend to come up often, and one for the bigger ideas that might take a bit more planning.

TALK ABOUT THE BIBLE STORY:

- How do you think the disciples felt when they realized they weren't there for Jesus when He needed them most? *(Guilty, sad that they hurt their friend)*
- How did Jesus put His friends (and all of us) first? *(By dying on the cross to make a way for us to have a relationship with God)*
- How have you put someone else first this past week? *(Use this moment to encourage your kid by talking about something good you've seen them do this past week. Give an example of how you've seen them put someone else first, and encourage them to think of other ways they can continue to do that this week.)*
- How has someone put YOU first this week?

PRAYER

Use this prayer as a guide, either after your discussion or right before bed tonight:

"Dear God, right now it feels especially hard to put others first. We need Your help even more to think of someone else's needs above our own. We know that You hear us when we pray, and You want to help us do hard things like putting others first. Help us be more like Jesus and think of others before we think of ourselves. In Jesus' name we pray, amen."

PARENT CUE

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